CIRCULAR

Sub: Scheme for Promotion of Adventure Sports & Similar Activities amongst Central Government Employees - Programmes to be organized by Youth Hostel Association of India.

The undersigned is directed to refer to Department of Personnel & Training’s Office Memorandum of even number dated 04.12.2015 regarding Scheme for Promotion of Adventure Sports & Similar Activities amongst Central Government Employees (copy enclosed) and to inform that the Youth Hostel Association of India has offered various adventure programmes for Central Government Employees as per annexure.

3. Interested and eligible Central Government Employees may submit his/her application to Secretary, CCSCSB, Room No. 361-B wing, Lok Nayak Bhawan, Khan Market, New Delhi or through e-mail at doptsports@gmail.com. The reimbursement as admissible will be made after successful completion of programme. The applicant may submit expenditure details (fee receipt & Tickets in original) along with Aadhar Number and Bank Details (Name of Bank, Account Number, IFSC Code and Branch Code) for smooth reimbursement of claim.

4. If there is any query regarding the payment of fee, availability of slot in respect of the above mentioned programme, applicant may contact Shri Ankit Gupta, Marketing Officer, 011-45999026.

(Kulbhushan Malhotra)  
Secretary (CCSCSB)

Director/Deputy Secretary (Administration) of all Ministries/Department.  
Copy to: Shri Ankit Gupta, Marketing Officer YHAI.
Dear Sir

Greetings from Youth Hostels Association of India

Subject: Scheme for promotion of Adventure Sports and similar activities amongst Central Government Employees-Calendar of Programme.

This has reference to your email dated- 29-12-2017. YHAI is thankful to the Ministry for extending the scheme for Central Govt. Employees & for requesting calendar for forthcoming adventure programmes.

The list of forthcoming programmes during 2018 are listed below:

<table>
<thead>
<tr>
<th>S. No.</th>
<th>Program Name</th>
<th>Program Dates/ Date of Starting &amp; Reporting</th>
<th>Duration</th>
<th>Fees</th>
<th>Region</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>3N/4D DARJEELING NATIONAL FAMILY CAMPING CUM TRAINING PACKAGE- 2018</td>
<td>16th January - 28th February, 2018</td>
<td>3N/4D</td>
<td>Rs.7000/-</td>
<td>Darjeeling, West Bengal</td>
</tr>
<tr>
<td>2</td>
<td>NATIONAL MOUNTAIN CYCLING CUM TRAINING EXPEDITION JIM CORBETT 2018</td>
<td>01st Feb, 2018 - 16th Feb, 2018</td>
<td>5N/6D</td>
<td>Rs.5500/-</td>
<td>Nainital, Uttarakhand</td>
</tr>
<tr>
<td>3</td>
<td>NATIONAL HIMALAYAN TREKKING CUM TRAINING EXPEDITION CHAINESHEEL BUGYAL 2018</td>
<td>1st April - 10th April 2018</td>
<td>8N/9D</td>
<td>Rs.6250/-</td>
<td>Uttarkashi, Uttarakhand</td>
</tr>
<tr>
<td>4</td>
<td>NATIONAL MOUNTAIN CYCLING CUM TRAINING EXPEDITION - JALORI PASS 2018</td>
<td>24th April - 5th May, 2018</td>
<td>7N/8D</td>
<td>Rs.4300/-</td>
<td>Kullu, Himachal Pradesh</td>
</tr>
<tr>
<td>5</td>
<td>NATIONAL FAMILY ADVENTURE CUM TRAINING CAMP - SEOBAGH – 2018</td>
<td>24th, 29th April, 4th,9th,14th, 19th,24th, 29th of May, 3rd,8th June, 2018</td>
<td>4N/5D</td>
<td>Rs.7800/-</td>
<td>Kullu, Himachal Pradesh</td>
</tr>
<tr>
<td>6</td>
<td>NATIONAL HIMALAYAN TREKKING CUM TRAINING EXPEDITION BEDINI BUGYAL-2018</td>
<td>25th Apr, 2018 - 25th May, 2018</td>
<td>9N/10D</td>
<td>Rs.5500/-</td>
<td>Chamoli,Uttarakhand</td>
</tr>
<tr>
<td>7</td>
<td>NATIONAL HIMALAYAN TREKKING CUM TRAINING EXPEDITION CHANDERKHANI PASS 2018</td>
<td>01st May, 2018 - 05th Jun, 2018</td>
<td>9N/10D</td>
<td>Rs.5700/-</td>
<td>Kullu, Himachal Pradesh</td>
</tr>
<tr>
<td>8</td>
<td>NATIONAL HIMALAYAN TREKKING CUM TRAINING EXPEDITION DEO TIBBA-2018</td>
<td>01st May, 2018 - 31st May, 2018</td>
<td>9N/10D</td>
<td>Rs.5500/-</td>
<td>Kullu, Himachal Pradesh</td>
</tr>
<tr>
<td>9</td>
<td>NATIONAL HIMALAYAN TREKKING CUM TRAINING EXPEDITION SANDARPHU-GURDUM 2018</td>
<td>1st May, 2018 - 31st May, 2018</td>
<td>7N/8D</td>
<td>Rs.6300/-</td>
<td>Darjeeling, West Bengal</td>
</tr>
</tbody>
</table>

Date: 25-January-2017

National Office : 5, Nyaya Marg, Chanakyapuri, New Delhi-110021. Phone : 7827 999 000
Fax : 011-26113469 • Email : info@yhaiindia.org • Website : www.yhaiindia.org

Wandering One Gathers Honey  चरण वै मधु विन्दति
<table>
<thead>
<tr>
<th>No.</th>
<th>Event Description</th>
<th>Date Details</th>
<th>Price</th>
<th>Location(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>10</td>
<td>NATIONAL FAMILY CAMPING CUM TRAINING EXPEDITION SRINAGAR 2018</td>
<td>01st May, 2018 - 25th Jun, 2018</td>
<td>4N/5D</td>
<td>Rs.5300/-</td>
</tr>
<tr>
<td>11</td>
<td>NATIONAL HIMALAYAN TREKKING CUM TRAINING EXPEDITION SAR PASS 2018</td>
<td>05th May, 2018 - 10th Jun, 2018</td>
<td>10N/11D</td>
<td>Rs.5800/-</td>
</tr>
<tr>
<td>12</td>
<td>NATIONAL HIMALAYAN MOUNTAIN CYCLING CUM TRAINING EXPEDITION SRINAGAR, KASHMIR- 2018</td>
<td>20th May - 1st June, 2018</td>
<td>6N/7D</td>
<td>Rs.4400/-</td>
</tr>
<tr>
<td>13</td>
<td>NATIONAL FAMILY ADVENTURE CUM TRAINING CAMP LEH - 2018</td>
<td>20th May - 11th Oct, 2018</td>
<td>5N/6D</td>
<td>Rs.9000/-</td>
</tr>
<tr>
<td>14</td>
<td>NATIONAL HIMALAYAN TREKKING CUM TRAINING EXPEDITION VALLEY OF FLOWERS - 2018</td>
<td>15th July - 14th Sep, 2018</td>
<td>8N/9D</td>
<td>Rs.7000/-</td>
</tr>
<tr>
<td>15</td>
<td>NATIONAL HIMALAYAN MOUNTAIN CYCLING CUM TRAINING EXPEDITION MANALI KHARDUNGLA 2018</td>
<td>7,8,9th July, 2018</td>
<td>15N/16D</td>
<td>Rs.24000/-</td>
</tr>
<tr>
<td>16</td>
<td>NATIONAL HIMALAYAN MOUNTAIN CYCLING CUM TRAINING EXPEDITION LEH 2018</td>
<td>25th July - 4th Aug, 2018</td>
<td>7N/8D</td>
<td>Rs.7500/-</td>
</tr>
<tr>
<td>17</td>
<td>NATIONAL HIMALAYAN TREKKING CUM TRAINING EXPEDITION GREAT LAKES KASHMIR 2018</td>
<td>10th Aug - 25th Aug, 2018</td>
<td>9N/10D</td>
<td>Rs.8000/-</td>
</tr>
<tr>
<td>18</td>
<td>NATIONAL HIMALAYAN TREKKING CUM TRAINING EXPEDITION HAMPTA PASS 2018</td>
<td>15th Aug - 5th Sep, 2018</td>
<td>8N/9D</td>
<td>Rs.6500/-</td>
</tr>
<tr>
<td>19</td>
<td>NATIONAL HIMALAYAN TREKKING CUM TRAINING EXPEDITION ROOPKUND 2018</td>
<td>5th Sep - 4th Oct, 2018</td>
<td>9N/10D</td>
<td>Rs.7000/-</td>
</tr>
<tr>
<td>20</td>
<td>NATIONAL FAMILY ADVENTURE CUM TRAINING CAMP SRINAGAR 2018</td>
<td>18th Sep - 2nd Nov, 2018</td>
<td>4N/5D</td>
<td>Rs.5000/-</td>
</tr>
<tr>
<td>21</td>
<td>NATIONAL FAMILY ADVENTURE CUM TRAINING CAMP JIM CORBETT 2018</td>
<td>10th Nov - 26th Nov, 2018</td>
<td>4N/5D</td>
<td>Rs.5000/-</td>
</tr>
<tr>
<td>22</td>
<td>NATIONAL HIMALAYAN WINTER TREKKING CUM TRAINING EXPEDITION DALHOUSIE 2018-19</td>
<td>10th Dec, 2018 - 06th Jan, 2019</td>
<td>5N/6D</td>
<td>Rs.5500/-</td>
</tr>
<tr>
<td>23</td>
<td>NATIONAL HIMALAYAN WINTER TREKKING CUM TRAINING EXPEDITION KEDARKANTHA 2018-19</td>
<td>15th Dec, 2018 - 05th Jan, 2019</td>
<td>7N/8D</td>
<td>Rs.5500/-</td>
</tr>
<tr>
<td>24</td>
<td>NATIONAL HIMALAYAN WINTER TREKKING CUM TRAINING EXPEDITION SANDAKPHU GURDUM 2018-19</td>
<td>15th Dec,2018-05th Jan,2019</td>
<td>7N/8D</td>
<td>Rs.6200/-</td>
</tr>
</tbody>
</table>

**Programme not cover under the Scheme.**

**I. Schedule for All programs:**

Day 1: Reporting at Base Camp  
Day 2: Orientation & Acclimatization  
Day 3: Acclimatization walk up to 5 Km, about high altitude sickness, Flora & Fauna etc.  
Day 4, 5 etc.: Move to Higher Camps through trail & trek/cycling through forest, uphills, Downhills, fields with night stay at every camp.

Last Day: Check out after Breakfast.

**II. INCLUSIONS FOR THE PROGRAM**

a) Group Insurance  
b) Tented/Built accommodation on sharing basis whichever is available  
c) Forest Entry  
d) All meals including Buffet Breakfast, Buffet/Packed Lunch, Evening Snacks, Buffet Dinner and Milk, Nutritious vegetarian food  
e) Trained Guides all along the trekking route  
f) Rucksacks on returnable basis  
g) Sleeping sheets & Sleeping bags at every camp site  
h) Bus transfers where required.  
i) Participation Certificate after successful completion of the trek  
j) First Aid & Medical Assistance

**III. TENTATIVE SCHEDULE OF MEALS**
<table>
<thead>
<tr>
<th>S. No</th>
<th>Particulars</th>
<th>Timing</th>
<th>Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Breakfast</td>
<td>07:30am to 08:30am</td>
<td>Buffet Breakfast</td>
</tr>
<tr>
<td>2</td>
<td>Lunch</td>
<td>01:00pm to 02:00pm</td>
<td>Packed Lunch during Trek day</td>
</tr>
<tr>
<td>3</td>
<td>Dinner</td>
<td>07:30pm to 08:30pm</td>
<td>Buffet Dinner</td>
</tr>
</tbody>
</table>

IV. THINGS TO BE BROUGHT BY PARTICIPANTS:


Accessories: Water bottle, lunch box, enameled, steel mug or tumbler, Steel or plastic plate, spoon, water purifying tablets, pen-knife, needle, thread, spare buttons, goggles (other than blue glasses), cold cream or Vaseline, soap, toilet paper, towel, medicines which are normally used at home.

SERVICES PROVIDED BY THE ORGANIZATION
1. Tented /Built accommodation on sharing basis whichever is available
2. Blankets
3. Rucksacks on returnable basis
4. Sleeping Sheets
5. Sleeping Bags
6. Equipment for activities that are part of the itinerary
7. All meals i.e. Breakfast, Lunch, Evening Snacks & Dinner

As informed earlier Youth Hostels Association of India is having vast experience in organizing economical adventure activities for last 46 years in which large number of Central & State Government Employees already participated.

This is also to inform you that Mr. Ankit Gupta, Marketing Officer of YHAI will be the Nodal Officer. If there is any query by your Department or other Central Govt. Department/employees, they may contact him as per the following contact details:

Name: Mr. Ankit Gupta
Designation: Marketing Officer
Phone: 011-45999026
E-mail: ankit@yhaiindia.org

If you need more information, we will be pleased to furnish. Detailed information is also available on our website: www.yhaiindia.org

Jaspal Singh Mehendiratta
Chief Executive Officer

CHIEF EXECUTIVE OFFICER
YOUTH HOSTELS ASSOCIATION OF INDIA
5, NYAYA MARG, CHANAKYAPURI
NEW DELHI-110021
OFFICE MEMORANDUM

Sub: Scheme for promotion of Adventure Sports and similar activities amongst Central Government Employees.

The undersigned is directed to enclose herewith a copy of the Scheme for promotion of Adventure Sports and similar activities amongst Central Government Employees with the request that the contents of the Scheme may please be disseminated amongst the employees who are eligible to avail the benefits of the Scheme.

2. The details of the programmes etc. will be circulated/placed on the website of the Department of Personnel & Training separately.

(Abhay Jain)
Under Secretary to the Govt. of India.
Tel: 24646961

To

Director/Deputy Secretary (Administration) of all Ministries/Deptt.
Scheme for Promotion of Adventure Sports & Similar activities amongst Central Government Employees

Application From

Name of Programme/Institute*

1. Name of Applicant*
2. Designation*
3. Group of Services with level/grade pay(revised)*
4. Father’s Name*
5. Date of Birth*
6. Address*

7. Telephone No(mobile)* 1. 2.
8. Landline No.*
9. Ministry/Department*
10. Next of kin to be informed in case of emergency___________

* mandatory fields

I, ___________________________ understand that the programme may involve serious risk to me. I am undertaking the programme at my own violation cost, risk and consequence.

11. I hereby undertake that I will not held responsible Central Civil Services Cultural & Sports Board/Government of India for any untoward incident/mis-happening.

Date: ________________________
Place: ________________________
(Signature of Applicant)

Name in Block Letters__________________________________________

Ministry/Department __________________________________________

This is to certify that the applicant is a Central Government Employees working in the main Ministry/Department and information given above is correct. The applicant is medically fit for the adventure activities opted by him/her.

(_________________________)
Welfare Officer
No.125/1/2015-16-CCSCSB
Department of Personnel & Training

New Delhi, the 4th December, 2015.

SCHEME FOR PROMOTION OF ADVENTURE SPORTS & SIMILAR ACTIVITIES AMONGST CENTRAL GOVERNMENT EMPLOYEES

1. **Background:** The Department of Personnel and Training recognizes that welfare of employees is one of the prime tasks of personnel management and sports activities play an important role in improving their efficiency and morale. Participation by Central Government Employees in adventure sports and similar activities will give them a platform where they would learn lessons from nature and use the knowledge acquired for welfare of the society.

2. **Vision:** To foster spirit of risk-taking, cooperative team work, capacity of readiness, vital response to challenging situations, endurance and environmental awareness.

3. **Mission:** The Mission of the Scheme for promotion of adventure sports and similar activities is to encourage Central Government Employees working in the Ministries/Department of the Government of India to take part in these activities by giving financial assistance and other incentives. The Central Civil Services Cultural & Sports Board, a Society registered under the Society Registration Act, 1860, which is under the aegis and control of the Department of Personnel & Training will be the nodal agency for the Scheme.

4. **Objectives:**

   (i) The Scheme would tackle the alarming situation of stress and impact of sedentary life on Government servants as highlighted in several studies conducted so far;

   (ii) It would provide a creative outlet to Central Government Employees;

   (iii) It would create and foster spirit of risk-taking, cooperative team work, capacity of readiness and vital response to challenging situations and of endurance;

   (iv) Central Government Employees would be prepared for better Disaster Management; and

   (v) Environmental awareness would be inculcated amongst the Central Government Employees.

5. **Scope of the Scheme:** The scope of the Scheme is limited to Central Government Employees working in the Ministries/Departments of Government of India. It will also be limited to the programme run
by Institutes/Organizations approved by the Department of Personnel & Training.

6. **Activities to be sponsored and Institutes**: The Department of Personnel & Training will sponsor programmes of 5-7 days duration to be organized by the Institutes/Organizations listed at **Annex-I**. The programme will have components of environmental awareness, disaster management, team spirit, capacity building, and Swachchh Bharat Campaign. The activities under the programme will be Trekking, Mountaineering, Rock-Climbing, Cycling in a difficult terrain, Skiing, Surfing, Boat Sailing, Snorkeling, Rafting, Para Sailing Ballooning, Para Gliding, Jungle Safari/Trekking, Desert Safari/Trekking, Beach Trekking and Environmental Awareness Camps etc. A Calendar of the programmes admissible under the Scheme will be circulated by the Department of Personnel & Training from time to time.

7. **Financial Assistance and other incentives**:

7.1 The Department of Personnel & Training will provide financial assistance to the eligible Central Government Employees for the programme of approved activities and conducted by the Institutes listed in **Annex I**.

7.2 Financial assistance will be in the form of reimbursement of Travel Expenses, programme fee and Hiring Charges of the equipments as per the terms and conditions specified in paragraph 7.3 and with a maximum ceiling of Rs.20,000/- (Rs. Twenty thousand only) per person per camp. The assistance will be limited to one activity in a block period of two year. Financial Assistance of 100% of programme fee would be provided in a calendar year to two officials of each Ministries/Departments who have been awarded by the Ministry/Department for excellence in service and nominated for the programme.

7.3 The following Heads are admissible for financial assistance under the Scheme:

i) To and fro travel expenses as per the entitlements under Leave Travel Concessions Rules with a maximum ceiling of Rs. 4,000/-;
ii) Re-imbursement of Programme fee:

(a) 90% for Group `C' Central Government Employee;
(b) 80% for Group `B' Central Government Employee; and
(c) 75% for Group `A' Central Government Employee.

iii) Actual hiring charges if the necessary equipment are hired from any Government agency with adequate proof subject to maximum of Rs. 2000/-.

7.4 Special Casual Leave will be granted to eligible participants in accordance with Department of Personnel & Training Office Memorandum No. 6/1/1985-Estt.(Pay-I) dated 16th July, 1985 and No. 6/1/85-Estt(Pay-I) dated 7th November, 1988.

8. Procedure for availing benefits of the Scheme:

8.1 The Central Government Employee will register himself with the Institute/Organization for the approved programme and make payment for it. He/she will simultaneously also submit his/her application to Central Civil Services Cultural & Sports Board duly forwarded by the Welfare Officer of their respective Ministry/Department.

8.2 The Ministry/Department will forward nominations of officials who have been awarded by the Ministry/Department for excellence in service and eligible for Financial Assistance of 100% of programme fee.

8.3 The Welfare Officer of the Ministry/Department in each case will certify that the recommended official is a Central Government employee working in the main Ministry/Department and medically fit for the adventure activities opted by him.

8.4 The financial assistance will be given on successful completion of the programme and submission of participation certificate to the Central Civil Services Cultural and Sports Board.

9. Flexibility to expand the scope: The Department of Personnel & Training will reserve the rights to modify the scheme, addition or deletion of activities, Institutes/Organization, change in pattern of financial assistance and other conditions of the Scheme without any prior notice.

***
Atal Bihari Vajpayee Institute of Mountaineering & Allied Sports,
Manali- 175131, Himachal Pradesh

TRAINING PROGRAMME FOR DoPT, GOVT. OF INDIA

Name of Programme: Adventure Camp
Course Duration: 5 Days
Training Period:
(i) 18th Oct to 22nd Oct, 2017
(ii) 24 Oct. to 28th Oct. 2017
Course Strength
Minimum: 10    Maximum: 14
Course Schedule
(i) 28th Oct to 1st Nov, 2017
(ii) 6th Nov to 10th Nov, 2017
(iii) 14th Nov to 18th Nov, 2017
(iv) 21st Nov to 25th Nov, 2017
(v) 28th Nov to 2nd Dec, 2017
Arrival
Previous evening/morning of course starting day.

<table>
<thead>
<tr>
<th>Pre Lunch Programme</th>
<th>Post Lunch Programme</th>
</tr>
</thead>
<tbody>
<tr>
<td>Day 1st</td>
<td></td>
</tr>
<tr>
<td>• Arrival, Registration and Briefing</td>
<td>• Issue of Equipments</td>
</tr>
<tr>
<td>• Visit to Museum</td>
<td>• Lecture on do's and don'ts in Himalaya</td>
</tr>
<tr>
<td></td>
<td>• Visit to Hadimba Temple</td>
</tr>
<tr>
<td></td>
<td>• Briefing for the next day programme</td>
</tr>
<tr>
<td>Day 2nd</td>
<td></td>
</tr>
<tr>
<td>• Trek to Solang Nalla (8,134 ft.) via Club House, Goshal and Burua</td>
<td>• River Crossing</td>
</tr>
<tr>
<td></td>
<td>• Trek to Anjini Mahadev</td>
</tr>
<tr>
<td></td>
<td>• Briefing for the next day programme</td>
</tr>
<tr>
<td>Day 3rd</td>
<td></td>
</tr>
<tr>
<td>• Trek to Dhundhi(9,500ft.)</td>
<td>• Visit to surrounding of Dhundhi.</td>
</tr>
<tr>
<td>• Distance – 7Km</td>
<td>• Back to solang</td>
</tr>
<tr>
<td>Day 4th</td>
<td></td>
</tr>
<tr>
<td>• Trek to patalsu and back to solang</td>
<td>• Team games</td>
</tr>
<tr>
<td></td>
<td>• Briefing for the next day programme</td>
</tr>
<tr>
<td>Day 5th</td>
<td></td>
</tr>
<tr>
<td>• Move to Manali by taxi</td>
<td>• Visit to Manali Monastery and market.</td>
</tr>
<tr>
<td>• Deposit of equipments</td>
<td>• Departure</td>
</tr>
<tr>
<td>• Certificates/badges distribution</td>
<td></td>
</tr>
</tbody>
</table>
ANNEX I

LIST OF APPROVED INSTITUTES/ORGANISATIONS FOR SCHEME FOR
PROMOTION OF ADVENTURE SPORTS AND SIMILAR ACTIVITIES
AMONGST GOVERNMENT EMPLOYEES AS ON 13.04.2016

1. Nehru Institute of Mountaineering, Uttarkashi, Uttarakhand. (Recognized by Ministry of Defence and Government of Uttarakhand)
   http://www.nimindia.net

2. Atal Bihari Vajpayee Institute of Mountaineering and Allied Sports, Manali, Himachal Pradesh. (Government of Himachal Pradesh)
   http://www.adventurehimalaya.org

3. Indian Institute of Skiing & Mountaineering, Department of Tourism, Gulmarg, Jammu & Kashmir. (Ministry of Tourism)
   http://www.iismgulmarg.in

   http://www.niws.nic.in

5. Swami Vivekanand Institute of Mountaineering, Mount Abu, Rajasthan. (Government of Gujarat)
   http://www.gujmount.com

6. Garhwal Mandal Vikas Nigam Ltd, Dehradun, Uttarakhand. (Government of Uttarakhand)
   http://www.gmvnl.com/newgmvn

7. Himalayan Mountaineering Institute (HMI), Darjeeling, West Bengal.
   http://www.hmi-darjeeling.com

8. Jawahar Institute of Mountaineering (JIM), Pahalgam, J&K.
   http://www.jawaharinstitutepahalgam.com


10. Youth Hostels Association of India (YHAI), Chankyapuri, New Delhi.
    http://www.yhaindia.org

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